



### October Holiday Dates - All Squads

For your information swimming sessions will finish and start back on the following dates: -

DOLPHINS - last session SUNDAY 30 September 2018 and RETURN SUNDAY 21 October 2018

BRONZE SQUAD - last session Friday 5 October 2018 and RETURN SATURDAY 20 October 2018

SILVER SQUAD - last session Friday 5 October 2018 and RETURN SATURDAY 20 October 2018

GOLD SQUAD - last session Friday 5 October 2018 and RETURN SATURDAY 20 October 2018

MASTERS - same as above for Gold, unless you want lanes booked during holiday period? Contact secretary ASAP please.

**PLEASE CAN ALL TROPHY HOLDERS RETURN THEIR TROPHIES TO EITHER A COACH OR COMMITTEE MEMBER BEFORE THE OCTOBER HOLIDAYS - THIS WILL ALLOW US TIME TO PREPARE/ENGRAVE ALL TROPHIES AHEAD OF THE 2018 AWARDS NIGHT ON 7<sup>TH</sup> DECEMBER.**

### Coaches Update

Coaches would like to remind all swimmers to wear caps at all training sessions if possible. While not mandatory, wearing a cap (preferably the club 70<sup>th</sup> anniversary ones) is beneficial for the coaches, as these are named and make it easier for coaches to identify swimmers when in the water, in addition to the obvious benefit of making the swimmer more streamlined!

### Club AGM / Volunteering / Coaching

We are always looking for new committee members to help run the club. Some of our principle committee members have now served the recommended 3 years as set out in the Club Constitution, therefore we are looking for new committee members for 2019.

If interested, please email the club Secretary at the address above, alternatively nominations would be welcome at the club AGM on **11 November 2018 at Carnegie Leisure Centre.**

Have you thought about or are thinking about coaching or helping poolside?

If you are interested in helping to coach our Junior squads, please email [secretary@dasc-swim.co.uk](mailto:secretary@dasc-swim.co.uk).

The Club AGM is on the same date as the Club Championships, and we are looking for donations to the tombola as well as volunteers to help run the Gala on the day.

**Parents dropping off & collecting children** - please can all parents ensure that the scheduled swimming session is on and that the coaches are poolside before leaving their children in centre / pool area. From time to time, a session may be cancelled at late notice due to unforeseen circumstances and we want to ensure children are not left unsupervised.

If a child is going to be absent from swimming, parents can send an email to [coach@dasc-swim.co.uk](mailto:coach@dasc-swim.co.uk) with the squad child swims in as the subject of email (e.g. John Smith - Silver). **Please do not post on the Facebook page as coaches do not always have access to this information.**

Please can all swimmers/parents also ensure the Coach is notified if a swimmer needs to leave a session early for any given reason.

### Key Dates for the Diary

DASC Graceful Swim - 9<sup>th</sup> November (Carnegie Leisure Centre)

DASC Club Championships - 11<sup>th</sup> November (Carnegie Leisure Centre - Main Pool)

DASC Club AGM - same day as Club Championships (1pm - 2pm)



DASC Awards Night (Crossgates British Legion) - 7<sup>th</sup> December

Next Committee Meeting - Monday 22 October (Tesco Dunfermline Town)

**Contact**



[www.dasc-swim.co.uk](http://www.dasc-swim.co.uk)



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